

Art in the Park

School Holiday Program

Art in the Park is a mindful art program which aims to improve the happiness and wellbeing of participants by engaging their creativity and imagination, in a natural environment.

Includes:

- Experienced facilitators
- 2 hour guided session
- Variety of artistic mediums
- Healthy snack
- Morning sessions
- Multiple locations
- 7-11 & 12-17 year old groups

Only \$40



Red Ginger Services

www.redginger.net.au

Art in the Park

April 2017

Tuesday		Friday
11th Carine Open Space 7-11 year olds: 10:30am 12-17 year olds: 10:30am		
18th South Perth Foreshore 7-11 year olds: 10:30am 12-17 year olds: 10:30am		21st Kings Park 7-11 year olds: 10:30am 12-17 year olds: 10:30am

Register Now!



Red Ginger Services

+61 407 420 068
info@redginger.net.au
www.redginger.net.au





Art in the Park Information Sheet

**School Holiday
Program**

Art in the Park is a mindful art program which aims to improve the happiness and wellbeing of participants by engaging their creativity and imagination. Our program is centred on using a variety of artistic mediums to harness nature, express emotions and challenge negative thoughts. Our goal is to nurture participants, develop resilience and teach coping strategies for negotiating life's obstacles.

Art in the Park:

- Allows participants to engage with art and nature as a positive outlet for emotion
- Introduces a variety of activities such as visual arts, make up artistry, videography/photography, martial arts and healthy cooking
- Uses a range of mediums, from clay, paint and collage, to physical movement and technology
- Is a safe, fun and nurturing group environment
- Is run by experienced Youth Facilitators
- Accepts referrals by health professionals, parents/guardians or participants themselves

The program is perfect for people who:

- Are interested in art, developing their artistic skill or trying something new
- Are looking for something fun and interesting to do
- Enjoy being outdoors and connecting with nature
- Want a break from their regular routine
- Are looking for a positive channel for their thoughts and feelings
- Want support for any issues they may be facing
- Want to meet new friends
- Are looking for an alternative form of therapy

School Holiday Program

The **Art in the Park** School Holiday Program is a series of individual 2 hour sessions run during the school holidays throughout the year.

- Morning and afternoon sessions available
- Multiple locations offered
- 7-11, 12-17 & adult groups
- Healthy snack provided
- All art supplies included

**Only
\$40**



Art in the Park Registration Form

**School Holiday
Program**

Formal health diagnoses *(if any)*:

Current medications *(if any)*:

Allergies/special food requirements *(if any)*:

General INCLUSION Criteria:

Please circle

Wiling to engage in a group setting and listen to others

YES

NO

General EXCLUSION Criteria:

Please circle

Acutely psychotic, substance abuse, violent or aggressive

YES

NO

If relevant:

Referrer's Name:	Practice Address:
Referrer's Title:	
Phone No.:	Email:
Date:	Signed:



Art in the Park Participant Information Sheet

The aim of *Art in the Park* is to build on your artistic strengths and resources. Being in the great outdoors, making new friends and engaging in art activities, are all ways *Art in the Park* will help you to further develop your creativity, artistic ability, self-awareness, social skills and self-esteem.

Day to day living can be busy, confusing and tricky to manage sometimes. Many young people welcome some support in dealing with the stress. You can be part of a group that also helps to manage life with greater confidence and imagination.

The atmosphere is supportive, encouraging, respectful and fun. A variety of art materials are offered to stimulate a creative process to help you to identify and express your feelings in a group environment, (*if you choose*), and as a way to help you understand how you view yourself and others.

Participation is not based upon your level of artistic skill. The program is offered at low cost and a healthy snack is provided.

NEXT PROGRAM:

School Holiday Program – April 2017

Contact Christina Self at **Red Ginger Services** for more information
on Christina.Self@redginger.net.au or 0407 420 068.



Art in the Park Consent Form

Section A - For the participant or parent/guardian to complete (if below 18 years):

I _____ agree to my child participating in the 'Art in the Park' program for young people.

1. I have read and understood the program summary, and any questions I have asked have been answered to my satisfaction.
2. I understand that my child may withdraw at any time without reason and without prejudice from the program, (please note: *Red Ginger Services* is under no obligation to issue a refund, but will consider extenuating circumstances on a case by case basis).
3. I understand that all information provided is treated as strictly confidential and will not be released by the facilitators unless required to do so by law.
4. If relevant, I agree to have my child's referring health professional kept informed of my child's progress throughout the program.
5. I agree that research data gathered for the program may be published, (and accessed by the Australian Council on Healthcare Standards for evaluation purposes), provided that my child's name, or other identifying information, is not used.

Signature: _____

Date: / /

Section B - For the participant to complete:

I _____ (write name)

1. Have read and understood the 'Art in the Park Participant Information' sheet.
2. Agree to take part in this Mindful Art Program.
3. Understand that:
 - This program is about making me happy and helping me with any issues I may be facing.
 - I can ask questions at any time.
 - I can stop taking part at any time.
 - Photographic prints or video of me and my work may be used by *Red Ginger Services* for education, training, supervision and promotional purposes, **unless I state otherwise.**

Signature: _____

Date: / /



Art in the Park Payment Form

**School Holiday
Program
Apr 2017**

Session/s Requested: *(please tick)*

Tuesday		Friday
<p style="text-align: right;">11th</p> <p>Carine Open Space</p> <p>7-11 year olds: 10:30am 12-17 year olds: 10:30am</p>		
<p style="text-align: right;">18th</p> <p>South Perth Foreshore</p> <p>7-11 year olds: 10:30am 12-17 year olds: 10:30am</p>		<p style="text-align: right;">21st</p> <p>Kings Park</p> <p>7-11 year olds: 10:30am 12-17 year olds: 10:30am</p>

Total no. of sessions: _____ x **\$40 per session** = **\$** _____

Total = **\$** _____

EFT: Account No.: 084 1139
 BSB No.: 302 162
 Reference: Participant's First & Last Name
 Date Transferred: _____

Cheque: Make Payable to
 'Red Ginger Services'
 Date Posted: _____

Invoice: Available on request

Please send completed Registration, Consent and Payment Forms to:

1. Email - info@redginger.net.au
2. Text - 0407 420 068 (i.e. take pictures of all forms with camera on phone and send as MMS)
3. Post - Red Ginger Services
 41 Hawker Ave
 WARWICK WA 6024

**Please note:
Placement only secured upon
receipt of payment.**