



Red Ginger Services

Baby Think it Over



Angharad Omodei Bcrimnlgy, JuvJust.

Youth Program Manager



Overview

- Who, What, When Where & Why?
- Baby Think it Over Program Structure
- Results
- Going Forward
- Questions





Who, What, When, Where...

Who – 1x class of 15-17 year olds

What – Baby Think it Over Program

When – Term 4, 2015

Where – Mirrabooka SHS – ESC



... & Why?

- An inclusive virtual parenting and sexual health awareness program for young people.
- Particularly suitable to those with special needs, as this unique and specialised experience allows early exploration of the demands of becoming a parent.



Baby Think it Over

Baby Think it Over is a virtual parenting and sexual health awareness program for young people. This unique and specialised experience allows exploration of the demands of becoming a parent.



AUSTRALIA

has one of the highest rates of teenage pregnancy amongst the OECD countries.
(World Health Organisation, 2013)

Nearly half of participants feel less confident in caring for a baby at their age and almost a third increased the age at which they would like to have their first child, post program.

It is an engaging and comfortable way to open up sexual health conversations in the school community and within the home.

"Should be compulsory."

-Participating student, Lake Joondalup Baptist College

"The presenters spoke about real life situations which definitely made it very real for my students."

-Teacher, Churchlands SHS



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Learning by doing



Sexuality Education



Baby Think it Over

- Based on a model of empowerment, choices and consequences.
- Educates young people on how to access local health services.



“The presenters spoke about real life situations with definitely made it very real for my students”

-Teacher, Churchlands SHS

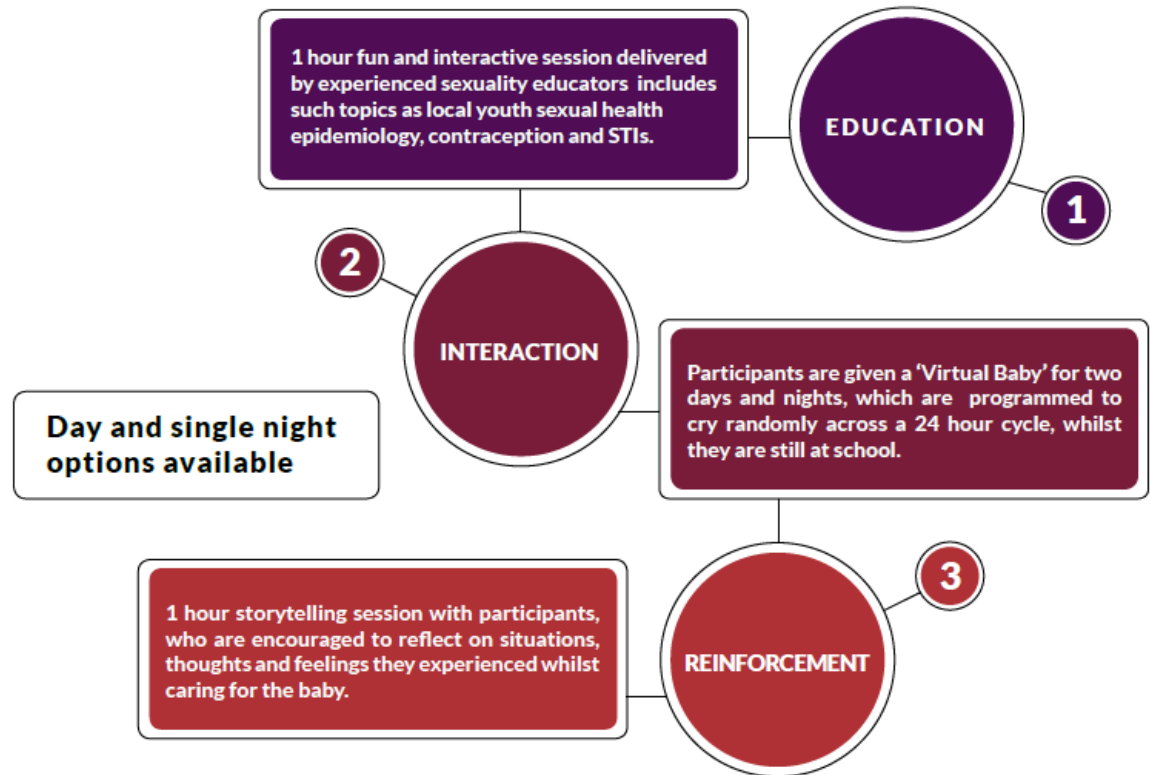
Sexuality Education



Baby Think it Over



THREE TIERED APPROACH:





Results

Pre & Post Program Evaluations

- ↑ 70% of participants agreed that participating in this program can help to avoid unplanned pregnancies
- ↓ 40% decreased confidence in their ability to care for a baby right now
- ↑ 90% reported feeling that they had learnt something useful
- ↑ 70% of participants were satisfied with the program and another 70% would recommend the program to a friend

“I have learnt I'm not ready for kids”

***“I felt really good about doing the Baby Think it Over.
I loved it”***



Going Forward



Baby Think it Over

- Mirrabooka Senior High School Term 3, 2016
- Combined Class
 - Education Support Centre
 - Mainstream High School



Stay Tuned!



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Angharad Omodei

BCrimnlgy, JuvJust.

YOUTH PROGRAM MANAGER

+61 425 122 060

Angharad.Omodei@redginger.net.au

www.redginger.net.au

Questions?



Red Ginger Services

Christina Self

BSc., MM (HRM), Cert IV TAE, Resus.

FOUNDER

+61 407 420 068

Christina.Self@redginger.net.au

www.redginger.net.au

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