

# Scribe

*Unlock your dream!*

Scribe is a creative writing program which aims to build the positivity and resilience of participants, through the written word.



PROSE



STORIES



POETRY



COLLAGE



EXPERIMENTAL

## Includes:

- Experienced facilitators
- Indoor & outdoor locations
- 7-11, 12-17 year old & adult groups
- Journal



Red Ginger Services

[www.redginger.net.au](http://www.redginger.net.au)

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Scribe breaks free of written convention to allow imagination to flourish and valuable insights to occur.

## Our program :

- Builds self-confidence, independence and idea formation
- Uses writing as a tool for self reflection and realisation
- Encourages written expression as a mode of self therapy
- Teaches creative strategies to deal with everyday emotions

We can tailor a package to suit your needs and budget!

*Single sessions and full programs available*



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## Creative Writing Program

### Introduction

Creative writing is a powerful outlet for emotion, a tool for self-awareness and realisation and a mode of 'self-therapy'. Experimenting with the written word allows us to subconsciously process our thoughts and feelings without being threatened by them.

*Red Ginger Services* is pleased to offer *Scribe*, a creative writing program for young people aged 7-11 and 12-17 years, and adults. Over the course of up to six weeks, participants are taken on a guided journey from experimental writing, through to more structured forms of prose, concurrently allowing the exploration of their innermost hopes and dreams, and enabling the ability to work through any issues that may be troubling them.

Sessions are held both indoors and outdoors, are 1.5 hours in length and a journal is provided to commence the journey.

Our program:

- Builds positivity and resilience
- Uses writing as a way to cope with everyday emotions
- Encourages this form of 'self-therapy' as a routine part of life
- Uses written expression as a way to tackle situations out of our control
- Promotes self-confidence, independence and idea formation



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## Creative Writing Program

All sessions within *Scribe* are flexible and able to be tailored to the specific age and needs of your group, (i.e. topics can be merged, shortened, lengthened or incorporated into a full program depending on the length of the session/s allocated). Extra information and/or activities can be included or excluded as appropriate.

***Call us for a quote today!***