

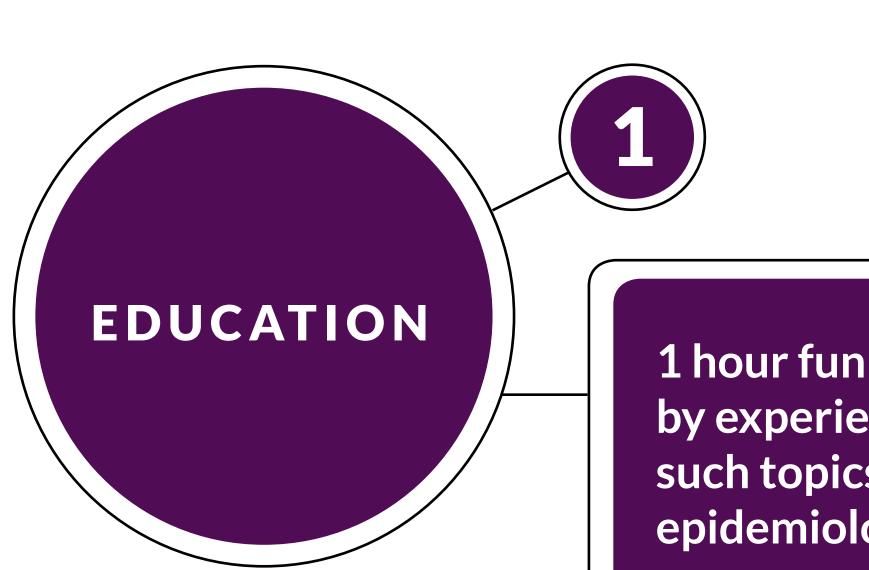


Baby Think it Over

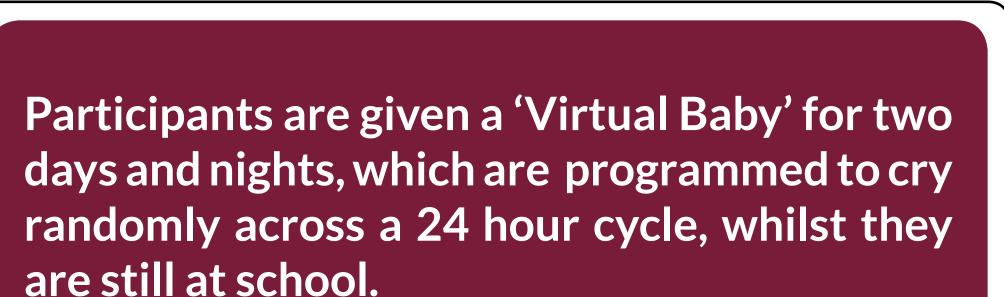
Baby Think it Over is a virtual parenting and sexual health awareness program for young people. This unique and specialised experience allows exploration of the demands of becoming a parent.

The program is based on a model of empowerment, choices and consequences, and educates young people on how to access local health services

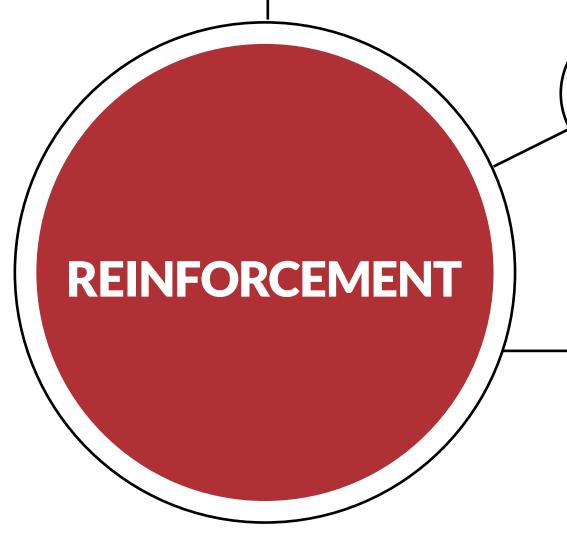
THREE TIERED APPROACH:



1 hour fun and interactive session delivered by experienced sexuality educators includes such topics as local youth sexual health epidemiology, contraception and STIs.



INTERACTION



1 hour storytelling session with participants, who are encouraged to reflect on situations, thoughts and feelings they experienced whilst caring for the baby.

FIGURE 1.

"The presenters spoke about real life situations which definitely made it very real for my students."

-Teacher, Churchlands SHS

"Should be compulsory."

-Participating student, Lake Joondalup Baptist College

AUSTRALIA

has one of the highest rates of teenage pregnancy amongst the OECD countries, (World Health Statistics 2013, World Health Organisation).

Nearly half of participants feel less confident in caring for a baby at their age and almost a third increased the age at which they would like to have their first child, post program.

It is an engaging and comfortable way to open up sexual health conversations in the school community and within the home.

