



headspace

Osborne Park

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To whom it may concern

This letter is to introduce Christina Self and her work in establishing the *Baby Think it Over* (BTIO) program as a private enterprise.

Christina worked under my supervision in 2014-15 after the program was defunded by the federal government on 30 June 2014. With proven benefits and a range of residual commitments already in place, Christina transitioned operation of the BTIO program to my team, and developed the program as a fees-for-service based social enterprise that could allow the program to continue to be available.

The BTIO program had previously operated for many years as a grant funded, free service to schools and has been accessed by thousands of young people. It takes a holistic approach to sex education by embedding effective teaching pedagogy in highly practical, hands-on experiential learning. The program has been thoroughly and positively evaluated and shown to significantly influence beliefs, behaviours and attitudes towards unplanned pregnancy and the responsibilities of parenthood.

During her time with us, Christina was able to build significant interest from schools in purchasing the service, however insufficient to underwrite a continuing full time service. I am pleased that this service will continue to be available to WA schools through her private business, enhanced by a range of other program offerings.

Regards

David Wray
Operations Manager

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**headspace Youth Early
Psychosis Program**

headspace Osborne Park is part of the headspace Western Australia Youth Early Psychosis Program

Our other services are located at:

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