



M: +61 0417 998 697
E: info@drjoe.net.au
W: www.drjoe.net.au
F: + 61 8 9285 0898
B: www.drjoetoday.com
P.O. Box 453 Floreat Forum WA 6014

To Whom It May Concern:

Re Christina Self
Red Ginger Services

I worked with Christina in her capacity as project manager at Perth North Metro Medicare Local (a body running community focused health programs) for some four years from 2010 to 2014. My role was a member of the sub committee overseeing her and other project managers working in the Illness prevention and health promotion area. I was the inaugural chairman of the organisation from 1993-97.

One of Christina's projects was "Baby Think it Over". This involves high school children being given a "virtual baby" to care for and is designed to expose them to some realities of parenthood. In addition Christina delivered education content at schools on matters to do with sexual and adolescent health.

The program was highly successful with demand outstripping supply. Sadly due to a combination of factors related to the running of the organization and changes in government policy, the program ceased. However the need for teenagers in high school to learn about pregnancy and matters to do with sexual health has not ceased.

Thus Christina Self has shown initiative in purchasing the assets needed to run the Baby Think it Over program privately. Already she is getting significant interest and uptake.

I have found Christina to be capable, self-motivated, diligent and also passionate in what she does.

Thus I am happy to support her in this venture and would hope that any reasonable request for assistance would be looked at favourably.

Yours Sincerely

Dr Joe Kosterich
28/08/2015